



CHILD AND ADOLESCENT UNIT SCHEDULE
Group I

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Effective Communication	Understanding your illness/ Health and Wellness	Choices/ Goal Setting	Relationships	Aftercare and Relapse Prevention	Self Esteem	Anger/ Feelings
7:00 AM - 7:45 AM	VITALS	VITALS	VITALS	VITALS	VITALS	VITALS	VITALS
7:45 AM - 8:15 AM	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
8:15 AM - 8:30 AM	MORNING MEETING	MORNING MEETING	MORNING MEETING	MORNING MEETING	MORNING MEETING	MORNING MEETING	MORNING MEETING
8:30 AM - 9:00 AM	JOURNAL ACTIVITY	JOURNAL ACTIVITY	JOURNAL ACTIVITY	DIETARY GROUP	JOURNAL ACTIVITY	SOCIAL WORK GROUP	SOCIAL WORK GROUP
9:00 AM - 9:30 AM	GYM	GYM	GYM		GYM		
9:30 AM - 10:15 AM	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING
10:15 AM - 10:30 AM							
10:30 AM - 10:45 AM	SNACK	SNACK	SNACK	SNACK	SNACK	SNACK	SNACK
10:45 AM - 11:15 AM	NURSING ACTIVITY	NURSING ACTIVITY	NURSING ACTIVITY	NURSING ACTIVITY	NURSING ACTIVITY	AT GROUP	AT GROUP
11:15 AM - 11:30 AM	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING		
11:30 AM - 11:45 AM						GYM	GYM
11:45 AM - 12:05 PM	NURSING ACTIVITY	NURSING ACTIVITY	NURSING ACTIVITY	NURSING ACTIVITY	NURSING ACTIVITY		
12:05 PM - 12:35 PM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12:35 PM - 1:35 PM	QUIET TIME	QUIET TIME	QUIET TIME	QUIET TIME	QUIET TIME	QUIET TIME	QUIET TIME
1:35 PM - 1:45 PM	TRANSITION	TRANSITION	TRANSITION	TRANSITION	TRANSITION	TRANSITION	TRANSITION
1:45 PM - 2:00 PM	TCM	TCM	TCM	TCM	TCM	TCM	TCM
2:00 PM - 3:00 PM	SOCIAL WORK GROUP	SOCIAL WORK GROUP	SOCIAL WORK GROUP	SOCIAL WORK GROUP	SOCIAL WORK GROUP	VISITING/ SNACK	MOVIE/ SNACK
3:00 PM - 3:15 PM	SNACK	SNACK	SNACK	SNACK	SNACK		
3:15 PM - 4:15 PM	AT GROUP	AT GROUP	AT GROUP	AT GROUP	AT GROUP		
4:00 PM - 4:15 PM						NURSING ACTIVITY	NURSING ACTIVITY
4:15 PM - 4:30 PM	TRANSITION	TRANSITION	TRANSITION	TRANSITION	TRANSITION		
4:30 PM - 5:00 PM	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
5:00 PM - 5:15 PM	TRANSITION	TRANSITION	TRANSITION	TRANSITION	TRANSITION	TRANSITION	TRANSITION
5:15 PM - 6:15 PM	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING
6:15 PM - 6:30 PM	TRANSITION	TRANSITION	VISITING/ SNACK	TRANSITION	TRANSITION	TRANSITION	TRANSITION
6:30 PM - 7:15 PM	GYM	GYM		GYM	GYM	GYM	GYM
7:15 PM - 8:00 PM	SHOWER/ SNACK	SHOWER/ SNACK	SHOWER/ SNACK	SHOWER/ SNACK	SHOWER/ SNACK	SHOWER/ SNACK	SHOWER/ SNACK
8:00 PM - 8:30 PM	EVENING MEETING	EVENING MEETING	EVENING MEETING	EVENING MEETING	EVENING MEETING	EVENING MEETING	EVENING MEETING
8:30 PM - 9:00 PM	REWARD/ PHONE	REWARD/ PHONE	REWARD/ PHONE	REWARD/ PHONE	REWARD/ PHONE	REWARD/ PHONE	REWARD/ PHONE
9:00 PM	BEDTIME	BEDTIME	BEDTIME	BEDTIME	BEDTIME	BEDTIME	BEDTIME
9:30 PM					EXTENDED BEDTIME	EXTENDED BEDTIME	



CHILD AND ADOLESCENT UNIT SCHEDULE

Group II

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Effective Communication	Understanding your illness/ Health and Wellness	Choices/ Goal Setting	Relationships	Aftercare and Relapse Prevention	Self Esteem	Anger/ Feelings
7:00 AM - 7:45 AM	VITALS	VITALS	VITALS	VITALS	VITALS	VITALS	VITALS
7:45 AM - 8:15 AM	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
8:15 AM - 8:30 AM	MORNING MEETING	MORNING MEETING	MORNING MEETING	MORNING MEETING	MORNING MEETING	MORNING MEETING	MORNING MEETING
8:30 AM - 9:00 AM	JOURNAL ACTIVITY	JOURNAL ACTIVITY	JOURNAL ACTIVITY	DIETARY GROUP	JOURNAL ACTIVITY	SOCIAL WORK GROUP	SOCIAL WORK GROUP
9:00 AM - 9:30 AM	GYM	GYM	GYM		GYM		
9:30 AM - 10:00 AM	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING
10:00 AM - 10:30 AM	NURSING ACTIVITY	NURSING ACTIVITY	NURSING ACTIVITY	NURSING ACTIVITY	NURSING ACTIVITY		
10:30 AM - 10:45 AM	SNACK	SNACK	SNACK	SNACK	SNACK	SNACK	SNACK
10:45 AM - 11:30 AM	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	AT GROUP	AT GROUP
11:30 AM - 11:45 AM						GYM	GYM
11:45 AM - 12:05 PM	NURSING ACTIVITY	NURSING ACTIVITY	NURSING ACTIVITY	NURSING ACTIVITY	NURSING ACTIVITY		
12:05 PM - 12:35 PM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12:35 PM - 1:35 PM	QUIET TIME	QUIET TIME	QUIET TIME	QUIET TIME	QUIET TIME	QUIET TIME	QUIET TIME
1:35 PM - 1:45 PM	TRANSITION	TRANSITION	TRANSITION	TRANSITION	TRANSITION	TRANSITION	TRANSITION
1:45 PM - 2:00 PM	TCM	TCM	TCM	TCM	TCM	TCM	TCM
2:00 PM - 3:00 PM	SOCIAL WORK GROUP	SOCIAL WORK GROUP	SOCIAL WORK GROUP	SOCIAL WORK GROUP	SOCIAL WORK GROUP	VISITING/ SNACK	MOVIE/ SNACK
3:00 PM - 3:15 PM	SNACK	SNACK	SNACK	SNACK	SNACK		
3:15 PM - 4:15 PM	AT GROUP	AT GROUP	AT GROUP	AT GROUP	AT GROUP		
3:00 PM - 4:00 PM							
4:00 PM - 4:15 PM						NURSING ACTIVITY	NURSING ACTIVITY
4:15 PM - 4:30 PM	TRANSITION	TRANSITION	TRANSITION	TRANSITION	TRANSITION		
4:30 PM - 5:00 PM	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
5:00 PM - 5:15 PM	TRANSITION	TRANSITION	TRANSITION	TRANSITION	TRANSITION	TRANSITION	TRANSITION
5:15 PM - 6:15 PM	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING	NURSING EDUCATION MEETING
6:15 PM - 6:30 PM	TRANSITION	TRANSITION	VISITING/ SNACK	TRANSITION	TRANSITION	TRANSITION	TRANSITION
6:30 PM - 7:15 PM	GYM	GYM		GYM	GYM	GYM	GYM
7:15 PM - 8:00 PM	SHOWER/ SNACK	SHOWER/ SNACK	SHOWER/ SNACK	SHOWER/ SNACK	SHOWER/ SNACK	SHOWER/ SNACK	SHOWER/ SNACK
8:00 PM - 8:30 PM	EVENING MEETING	EVENING MEETING	EVENING MEETING	EVENING MEETING	EVENING MEETING	EVENING MEETING	EVENING MEETING
8:30 PM - 9:00 PM	REWARD/ PHONE	REWARD/ PHONE	REWARD/ PHONE	REWARD/ PHONE	REWARD/ PHONE	REWARD/ PHONE	REWARD/ PHONE
9:00 PM	BEDTIME	BEDTIME	BEDTIME	BEDTIME	BEDTIME	BEDTIME	BEDTIME
9:30 PM					EXTENDED BEDTIME	EXTENDED BEDTIME	