

At Clarion Psychiatric Center, the care decisions we make are informed by the continuing education of our dedicated professionals and our belief that your family member should be treated as if they were a member of our own family.

We thank you for the opportunity to partner with you, helping to build a foundation of wellness for your child's recovery.

Each week the Social Services Team at Clarion Psychiatric Center is pleased to offer an opportunity for group discussion, learning and support for those who care for our youngest patients.

This group is offered without cost to the caregivers of our currently admitted child or adolescent patients.

Recovery begins at Clarion Psychiatric Center, where we provide the care we would want for our loved one.

RESOURCES

Parent to Parent of Pennsylvania
www.parenttoparent.org
Linking families of children and adults with special needs.

Websites-

www.nami.org
www.healthyplace.com
www.kidshealth.org

Reading-

When Someone You Love Has a Mental Illness By
Rebecca Woolis, M.E.C.C.

The Burden of Sympathy, How Families Cope with Mental Illness By David A. Karp

An Elephant In the Living Room - The Children's Book By Jill M Hastings

It Isn't Fair! By Stanely D. Klein and Maxwell J. Schleifer

How to Cope with Mental Illness in Your Family: A Self Care Guide for Siblings, Offspring and Parents By Diane Marsh, Rex Dickens and E. Fuller Torrey

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CLARION
PSYCHIATRIC CENTER



CHILD AND ADOLESCENT
UNIT

CAREGIVER
EDUCATION
GROUP

CAREGIVER EDUCATION GROUP

WEDNESDAY 5:45PM

During the school year, the staff at CPC work closely with your child's school. Each day, your child receives 60 minutes of classroom instruction in a small group setting. While improving mental health the is main focus of the day at CPC, we don't want incomplete school work to be a stressor for your child after discharge.



At least once a day, there is time built into the schedule for discovering new recreation interests or practicing social skills taught in the therapeutic education groups. The Allied Therapy staff work to help those we care for express themselves creatively through art and music.

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The Treatment Team at Clarion Psychiatric Center is dedicated to providing your family member the best possible care while they are with us. We thank you for the opportunity to help your family at a very difficult time. Please let us know if there is any way we can make your loved one's stay more comfortable or be of any additional help to your family.

LEARN ABOUT CARE AT CPC

At the Caregiver Education Group you can ask questions about the treatment at CPC, including how each child has a team of professionals that create a treatment plan specific to their needs. You can be given a copy of the unit schedule. The group leader can answer any questions you may have.



Children spend most of the day at CPC in treatment groups. The groups help children learn how to identify feelings, communicate effectively, build and continue healthy relationships and maintain wellness after discharge.

TEACH YOUR CHILD

At the Caregiver Education Group you can seek guidance on new or different ways to address common challenges families face. During group our staff members will be happy to help you with setting up a behavior chart or other behavior management tool to use with your child. Guidance can be given on ways to have an effective family meeting or important tips for managing a crisis.



As part of each child's treatment, they will develop a Wellness and Recovery Action Plan with your input and the guidance of a trained professional. This can be used as reference guide to help you help your child in need.

SHARE RESOURCES

The CPC Social Services Team can help you with understanding local aftercare providers, the mental health service delivery system and advocacy that is available to your family. Tell other local families about resources you have discovered along your journey. Through sharing past experiences, together we can build a brighter future for all of the children we serve.



The Treatment Team at CPC meets daily to review your child's progress. They will make recommendations for aftercare that the Social Worker will help arrange for you.